

January 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Red January	2	3	4 World Braille Day
5	6 Epiphany (Baptist)	7 Orthodox Christmas (Eastern Orthodox Christian)	8	9	10	11
12 Baptism of the Lord (Baptist)	13 Lohri Maghi	14 Mahayana New Year (Buddhism)	15	16	17	18
19 World Religion Day	20 Martin Luther King Day (USA)	21	22	23	24	25
26	27 Holocaust Memorial Day Isra Wal Miraj	28	29 Lunar New Year	30	31	

MONTHLY HIGHLIGHTS:

- Red January 1st - 31st Jan
- Lunar New Year 29th Jan -12th Feb
- World Religion Day 19th of Jan
- Martin Luther King Day (USA) 20th Jan
- Holocaust Memorial Day 27th Jan

ALL ABOUT:

Lunar New Year 29th Jan -12th Feb

Lunar New Year is a celebration for many cultures across Asia and is the most important festival of the year. The festival begins on the first day of the first lunar month in the calendar, and ends with the 'Lantern Festival' on the 15th day. In many cultures, each year is also associated with an animal from the zodiac.

February 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						World Hijab Day World Interfaith Harmony Week LGBT+ History Month Black History Month in USA & Germany
2	Candlemas (Baptist) Sexual Abuse & Sexual Violence Week Race Equality Week	World Cancer Day	5	Time To Talk Day	7	8
9	10	11	12	13	14	15
16	17	18	19	World Day Of Social Justice	21	22
23	24	25	26	27	Stand Up to Bullying Day Ramadan Begins (Muslim)	

MONTHLY HIGHLIGHTS:

World Interfaith Harmony Week 2nd-7th Feb

LGBT+ History Month 1st - 28th Feb

Black History Month in USA & Germany 1st Feb- 1st Mar

Sexual Abuse & Sexual Violence Week 3rd - 9th Feb

Race Equality Week 3rd- 9th Feb

Aromantic Spectrum Awareness Week (ACE Week) 16th - 22nd Feb

ALL ABOUT:

Ramadan Begins (Muslim) 28th Feb - 29th March

Ramadan is the ninth month in the Islamic (Hijri) calendar and one of the holiest periods of worship for Muslims. The month lasts a period of 29 or 30 days, depending on the sighting of the moon, and appears to shift forward approximately 11 days each year as the Islamic calendar is based on the lunar cycle instead of the Gregorian calendar we commonly use today.

March 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<div>Disability Day of Mourning</div> <div>National Wheelchair User Day</div> <div>Womens History Month</div> <div>Bisexual Health Awareness Month</div> <div>1</div>
<div>2</div>	<div>National Careers Week</div> <div>Clean Monday: Start of Lent (Eastern Orthodox Christian)</div> <div>3</div>	<div>4</div>	<div>Lent (Catholic)</div> <div>5</div>	<div>6</div>	<div>7</div>	<div>International Womens Day</div> <div>8</div>
<div>9</div>	<div>10</div>	<div>11</div>	<div>Holi (Hindu)</div> <div>12</div>	<div>13</div>	<div>Hola Mohalla (Sihk)</div> <div>14</div>	<div>15</div>
<div>16</div>	<div>17</div> <div>Neurodiversity Week Celebration</div>	<div>18</div>	<div>19</div>	<div>20</div> <div>Naw-Ruz (Baha I)</div> <div>Norouz (Persian New Year)</div>	<div>21</div> <div>World Down Syndrome Day</div> <div>Single Parents Day</div> <div>International Day for the Elimination of Racial Discrimination</div>	<div>22</div>
<div>23</div>	<div>24</div> <div>Sign Language Week</div>	<div>25</div>	<div>26</div>	<div>27</div>	<div>28</div>	<div>29</div>
<div>30</div> <div>World Bipolar Day</div> <div>Eid Al Fitr (Muslim)</div>	<div>31</div> <div>Trans Day of Visibility</div>					

MONTHLY HIGHLIGHTS:

- Womens History Month 1st - 31st March
- Bisexual Health Awareness Month 1st - 31st March
- Ramadan Continues 28th Feb - 29th March
- National Careers Week 3rd - 8th March
- Lent (Catholic) 5th March - 17th April
- International Womens Day 6th March

ALL ABOUT:

Womens History Month & International Women's Day 8th March

Since 1911, International Women’s Day belongs to all who care about women's equality. The Day reminds us to celebrate women's achievement, raise awareness about discrimination and take action to forge gender equity. The Day aims to be inclusive of the intersectional experiences of Women and reminds us Women experience the world in different ways.

April 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 <u>Autism Acceptance Month</u> <u>Stress Awareness Month</u>	2 <u>World Autism Awareness Day</u>	3	4	5
6	7 <u>World Health Day</u>	8	9	10	11	12 <u>Passover (Jewish)</u>
13 <u>Palm Sunday (Catholic, Protestant & Eastern Orthodox Christian)</u>	14 <u>Passover (Jewish)</u> <u>Vaisakhi (Sikh)</u>	15	16	17	18 <u>Good Friday (Catholic)</u>	19
20 <u>Pascha (Orthodox)</u> <u>1st Day of Ridvan (Baha I)</u> <u>Easter Sunday (Christian)</u>	21	22 <u>Stephen Lawrence Day</u>	23 <u>Yom HaShoah Holocaust and Heroism Remembrance Day</u> <u>St George's Day (Protestant)</u>	24 <u>Global Intergenerational Week</u>	25	26
27	28 <u>Ninth Day of Ridvan (Baha I)</u>	29	30			

MONTHLY HIGHLIGHTS:

Autism Acceptance Month 1st - 30th April

World Autism Awareness Day 2nd April

Passover (Jewish) 12th April

Vaisakhi (Sikh) 14th April

Easter Sunday (Christian) 20th April

Stephen Lawrence Day 22nd April

Yom HaShoah Holocaust and Heroism Remembrance Day 23rd April

ALL ABOUT:

Autism Acceptance Month 1st- 30th April

Autism Acceptance Month is designed to raise awareness of the discrimination often faced by those who are Autistic. It is designed to help Autistic people, and their families and carers, to access tailored information, guidance and support to overcome the barriers they face. The month encourages us to develop empathy towards the autistic community and learn about thier lives.

May 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 <u>12th Day of Ridvan</u> (Baha I)	2	3
4	5 <u>Deaf Awareness Week</u>	6	7	8	9	10
11	12 <u>Mental Health Awareness Week</u> <u>Black Inclusion Week</u>	13	14 <u>National Day for Staff Networks</u>	15 <u>Global Accessibility Awareness Day</u> <u>Tourette's Awareness Month</u>	16	17 <u>International Day Against Homophobia, Transphobia & Biphobia</u>
18	19 <u>Dementia Action Awareness Week</u>	20	21 <u>World Day for Cultural Diversity for Dialogue and Development</u>	22 <u>Declaration of the Bab</u> (Baha I)	23	24
25 <u>George Floyd's Anniversary</u>	26	27	28 <u>1st Dhul Hijjah</u>	29 <u>Ascension Day</u> (Catholic, Christian, Protestant, Orthodox & Baha I)	30	31

MONTHLY HIGHLIGHTS:

Deaf Awareness Week 5th - 11th May

Mental Health Awareness Week 12th-18th May

Black Inclusion Week 12th - 18th May

Global Accessibility Awareness Day 15th May

International Day Against Homophobia, Transphobia & Biphobia 17th May

George Floyd's Anniversary 25th May

ALL ABOUT:

Mental Health Awareness Week 12th-18th May

Mental Health Awareness Week aims to celebrate the power and importance of having a community to rely on. We thrive when we have strong connections with other people and supportive communities that remind us, we are not alone in hard times, and give us a sense purpose when we may be struggling with our mental health. the month encourages us to talk about our own mental health with others.

June 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>Pride Month</div> <div>Volunteers Week</div> <div>Gypsy, Roma & Traveller Month</div> <div>1</div>	<div>2</div>	<div>3</div>	<div>4</div>	<div>5</div>	<div>6</div> <div>Eid Ul-Adha (Muslim)</div>	<div>7</div>
<div>8</div> <div>Pentecost (Catholic & Protestant)</div>	<div>9</div> <div>Carers Week</div> <div>Loneliness Awareness Week</div> <div>Mens Health Week</div>	<div>10</div>	<div>11</div>	<div>12</div> <div>Social Mobility Awareness Day</div>	<div>13</div>	<div>14</div> <div>World Blood Donor Day</div>
<div>15</div> <div>Trinity Sunday (Protestant)</div>	<div>16</div> <div>Refugee Week</div>	<div>17</div>	<div>18</div> <div>Autistic Pride Day</div>	<div>19</div> <div>Juneteenth (US)</div>	<div>20</div> <div>World Refugee Day</div>	<div>21</div> <div>World Humanist Day</div>
<div>22</div> <div>Windrush Generation Arrival Anniversary</div>	<div>23</div> <div>Learning Disability Week</div>	<div>24</div>	<div>25</div>	<div>26</div>	<div>27</div> <div>Muharram (Muslim)</div>	<div>28</div>
<div>29</div>	<div>30</div>					

MONTHLY HIGHLIGHTS:

- Tourettes Awareness month Continues

15th May - 15th June

Pride Month 1st-30th June

Gypsy, Roma & Traveller Month 1st-30th June

Eid Ul-Adha (Muslim 6th June)

Mens Health Week9th - 16th June

Refugee Week 16th -23rd June

Learning Disability Week 23rd - 30th June

ALL ABOUT:

Pride Month 1st - 30th June

Pride Month celebrates efforts made to work towards a world where all LGBTQ+ people are free to be themselves and can live their lives to the fullest. Pride symbolises the global movement for change for LGBTQ+ people and continues to raise awareness to the fight for freedom and equity for the LGBT+ community.

July 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Disability Pride Month	2	3	4	5
6 Ashura (Muslim) Omnisexual Visibility Day	7	8	9 Martydom of the Bab (Baha I)	10	11	12
13	14 International Non- Binary Persons Day	15 World Youth Skills Day	16	17 World Day for International Justice	18 Nelson Mandela International Day South Asian Heritage Month	19
20	21	22	23	24	25 National Schizophrenia Awareness Day	26
27	28	29	30	31		

MONTHLY HIGHLIGHTS:

- Disability Pride Month 1st - 31st July
- International Non-Binary Persons Day 14th July
- World Day for International Justice 17th July
- Nelson Mandela International Day 18th July
- South Asian Heritage Month 18th July - 17th Aug

ALL ABOUT:

South Asian Heritage Month 18th July - 17th Aug

South Asian Heritage Month seeks to elevate the prominence of British South Asian history and heritage in the UK through education, arts, culture, celebration and commemoration.

It aims to deepen people’s understanding of the rich and diverse contributions of South Asian communities to British society, promote intercultural dialogue, and foster greater social cohesion among communities.

August 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Beginning of Harvest (Pagan) World Breastfeeding Week	2
3	4	5	6	7	8	9 International Day of the World's Indigenous Peoples
10	11	12 International Youth Day	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30 Grief Awareness Day
31						

MONTHLY HIGHLIGHTS:

South Asian Heritage Month continues July 18th - Aug 17th

World Breastfeeding Week Aug 1st - 7th

International Day of the World's Indigenous Peoples 9th Aug

Grief Awareness Day 30th Aug

ALL ABOUT:

International Day of the World's Indigenous Peoples 9th Aug

International Day of the World's Indigenous Peoples focuses on Protecting the Rights of Indigenous Peoples. There are an estimated 476 million Indigenous Peoples in the world living across 90 countries. They make up less than 6 per cent of the world's population, but account for at least 15 per cent of the poorest. They speak an overwhelming majority of the world's estimated 7,000 languages and represent 5,000 different cultures, it is important we work to preserve their cultures.

September 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 World Alzheimer's Month East and South East Asian Heritage Month	2	3	4 Rabi Al Wal (Muslim)	5 International Day of Charity	6
7	8	9	10 World Suicide Prevention Day	11	12 End Digital Poverty Day	13
14	15 World Childless Week National Inclusion week World Afro Day Latin American Heritage Month	16	17	18 International Equal Pay Day	19	20
21 International Day of Peace	22 International Day of Happiness Day At Work	23	24	25	26	27
28	29	30				

MONTHLY HIGHLIGHTS:

- World Alzheimer's Month1st - 30th Sep
- East and South East Asian Heritage Month 1st - 30th Sep
- National Inclusion week 15th - 21st Sep
- World Afro Day 15th Sep
- Latin American Heritage Month 15th Sep - 15th Oct
- International Equal Pay Day 18th Sep
- International Day of Peace 21st Sep

ALL ABOUT:

Latin American Heritage Month 15th Sep - 15th Oct

National Hispanic Heritage Month traditionally honours the cultures and contributions of both Hispanic and Latino people, and celebrates the heritage rooted in all Latin countries. National Hispanic Heritage Month showcases the achievements , history and contributions of Latinos.

October 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			ADHD Awareness Month Yom Kippur (Jewish) Down Syndrome Awareness Month Dwarfism Awareness Month Dyspraxia Awareness Week Breast Cancer Awareness Month Black History Month International Day of Older Persons	2	3	4
5	6 Dyslexia Awareness Week Sukkot (Jewish)	7	8 World Dyslexia Awareness Day International Lesbian Day	9 World Sight Day Baby Loss Awareness	10 World Mental Health Day	11 National Coming Out Day
12	13 OCD Awareness Week Shemini Atzeret	14 Simchat Torah	15 International Pronoun Day	16 World Values Day Spirit Day	17 Wear Red Day- Show Racism The Red Card Day	18 Anti- Slavery Day World Menopause Day
19 A Sexual Awareness Week	20 Bandi Chhor Divas (Sikh)	21 Diwali (Hindu) National Adoption Week	22 International Stammering Awareness Day	23	24	25
26 Intersex Awareness Day	27 National Adoption Week National Mentoring Day	28	29	30	31 End of Harvest (Pagan)	

MONTHLY HIGHLIGHTS:

- ADHD Awareness Month 1st - 31st Oct
- Latin American Heritage Month Continues 15th Sep - 15th Oct
- Black History Month 1st - 31st Oct
- World Mental Health Day 10th Oct
- National Coming Out Day 11th Oct
- Wear Red Day- Show Racism The Red Card Day 17th Oct
- Diwali (Hindu) 21st Oct

ALL ABOUT:

Black History Month 1st - 31st Oct

Black History Month was created to focus attention on the contributions of Black People. It gives everyone the opportunity to share, celebrate and understand the impact of Black heritage and culture. It honours Black peoples achievements and history and raises awareness to the systemic barriers which disproportionately affect Black people today.

November 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<u>Movember</u> 1 <u>Transgender Awareness</u> <u>Month</u> <u>Islamophobia</u> <u>Awareness Month</u>
2 <u>Trans Parent Day</u>	3	4 <u>Purple Tuesday</u>	5 <u>Gurpurab of Guru</u> <u>Nanak Sahib</u>	6	7	8 <u>Intersex Remebrance</u> <u>Day</u>
9 <u>Interfaith Week</u>	10	11 <u>Remembrance Day</u>	12	13 <u>Transgender</u> <u>Awareness Week</u>	14 <u>UK Disability History</u> <u>Month</u>	15
16	17	18	19 <u>International Men's</u> <u>Day</u>	20 <u>Transgender Day of</u> <u>Remembrance</u>	21	22
23	24	25 <u>White Ribbon Day</u>	26	27	28	29
30						

MONTHLY HIGHLIGHTS:

Transgender Awareness Month 1st - 30th Nov

Islamophobia Awareness Month 1st - 30th Nov

Interfaith Week 9th 16th Nov

Remembrance Day 11th Nov

UK Disability History Month 14th Nov - 20th Dec

International Men's Day 19th Nov

ALL ABOUT:

UK Disability History Month 14th Nov - 20th Dec

UK Disability History Month (UKDHM) provides a platform to learn about the history of the struggles those with disabilities face. It gives an opportunity to learn about the past and how we can use this experience to achieve full and equal rights in society for disabled people. It is an opportunity to reflect on the progress made for disability rights and to act on what we can do to support disability equality in the present.

December 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 <u>National Grief Awareness Month</u> <u>World Aids Day</u>	2 <u>International Day for the Abolition of Slavery</u>	3 <u>International Day of Persons With Disabilities</u>	4	5	6
7	8 <u>Pansexual Pride Day</u>	9	10 <u>Human Rights Day</u>	11	12	13
14 <u>Hannukah (Jewish)</u>	15	16	17	18	19	20
21	22	23	24	25 <u>Christmas (Christian, Orthodox, Protestant, Baptist, Catholic, Methodist)</u>	26 <u>Kwanza (Pan - African)</u>	27
28	29	30	31			

MONTHLY HIGHLIGHTS:

UK Disability History Month Continues 14th Nov - 20th Dec

International Day of Persons With Disabilities 3rd Dec

Human Rights Day 10th Dec

Hannukah (Jewish) 14th - 22nd Dec

Christmas (Christian, Orthodox, Protestant, Baptist, Catholic, Methodist) 25th Dec

ALL ABOUT:

Human Rights Day 10th Dec

Human Rights Day guarantees the rights of every individual everywhere, without distinction based on nationality, place of residence, gender, national or ethnic origin, religion, language, or any other status. The Day inspires us to continue working to ensure all people can gain freedom, equality and dignity.